



GSP kicks off Pre-season Lacrosse Training for the CHLA!

Georgia Sports Performance has developed customized training programs for the Lacrosse athlete!

Program benefits will include:

- Explosiveness
 - Develop Quickness
 - Improve More Closing Speed on the field of competition
- GSP programs are instructed by certified & professional trainers!
Our programs are guaranteed to put your athlete in top competition condition.

This program will be instituted during the preseason schedule between November and January, for just \$8.00 per session!
This special price is offered to CHLA specifically for the 2012-2013 season.
(This price is based on a 12 session package per athlete)

GSP looks forward to a great season!!

GSP facility is conveniently located at **560 Old Peachtree Road, Suite 200, Suwanee**
(between Whitehead Road & Dean Road)

Contact **Coach Earl Williams**, *Owner & Master Trainer* for details at
770-573-4626 or Email info@georgiasportsperformance.com

www.georgiasportsperformance.com