



**WOMEN'S LACROSSE**

# 2013 Girls Lacrosse Camp at UCLA

**When: July 29-August 1  
9:30am-3:30pm**

**Where: UCLA Intramural  
(IM) Fields**

**Baby  
Bruins:  
Ages 10-13**

**Mighty  
Bruins:  
Ages 14-18**



**Improve your skills  
and increase your  
knowledge of the  
game with:**

- Stick Skills & Technique**
- Offensive and Defensive Strategy**
- Goalie Training**
- Settled and Unsettled Situations**

The UCLA First Annual Girls Lacrosse Day Camp is designed to prepare players for the next stage of **competitive play**, whether it be at the middle school, high school, or collegiate level. We strive to teach proper technique and skills, while also emphasizing the importance of **strategy and decision making** - all of which are crucial to success in the game of lacrosse. Our goal is to breakdown **high level skills** that are not taught in practice to further your game. This is an excellent opportunity for players to improve and further develop their lacrosse skills through close, **individual attention** from the UCLA coaching staff, current players, and alumni with a low camper-to-counselor ratio.

Camp instructors include **WCLA All-Americans, WCLA All-Tournament and WWLL All-League players**, and coaches with **NCAA Division I experience**.

**All girls lacrosse players between the ages of 10-18, regardless of experience or skill level, are welcome!**

**How To Register:**

Registration forms are available online at <http://uclabruinslax.com>  
Registration is \$350. Checks are payable to UC Regents.

**All participants will receive a t-shirt!**

**Bruin merchandise available for purchase!**

For questions, email or call Camp Director Paige Lin at [paige@uclabruinslax.com](mailto:paige@uclabruinslax.com) or 650.804.9022.

