# Roseville Summer Lacrosse Team 6/16/13 – 8/4/13

### Homegrown Summer League

June 18 – August 10 St. Thomas University

Price: \$150 per player

- Looking to field about 20 players, space it limited
- One game a week, Tuesdays or Wednesdays
- Games will be at St. Thomas University
- Weekly practices included

## **Practice Dates:**

June 17,19,24,26 July 8,10,15,17,22,24,29,31

One day a week will be coach lead and the other will be lead by the captains.

#### Summer Camp

July 14 and 15 - 10:00 to 12:00 July 16 and 17 - 12:00 to 2:00 Roseville High School Stadium

Price: \$50 per person

- Players going into 7th 12th grades in September 2014
- 3<sup>rd</sup> Annual Summer camp
- A week of structured, 2 hour long lacrosse sessions
- Varsity coaches for Roseville and former Roseville Alumni and College lacrosse players.
- Will be at the RAHS stadium turf

# Roseville Summer Strength and Conditioning See attached sheet for more information. <u>Highly recommended!!</u>

| Name: \_\_\_\_\_ | Phone #: \_\_\_\_\_ |
| Email: \_\_\_\_\_ | I want to participate: \_\_\_\_ in the Homegrown Summer League \$150 |
| \_\_\_ in the summer camp \$50 |
| Please make checks out to Roseville Lacrosse Total