

Hello and welcome to the 2019 GT Lacrosse Camp!

We are very excited for this year's session and hope you are as well. We have assembled a great staff and are looking forward to teaching you more about the great sport of lacrosse. Before you arrive here is some additional information to get you ready.

WHERE TO GO:

Address: 580 Turner Pl NW, Atlanta, GA 30318. This will take you directly to the parking deck located right next to the dorms.

From the North: Take 75/85 South to the Georgia Tech/North Ave exit (#249D). Turn right onto NORTH AVE and travel 4/10 mile and turn right onto TECH PARKWAY. Then go 3/10 miles and take a right onto MEANS STREET and then an immediate left onto FERST DRIVE and drive approx. 2/10 mile and the fields will be on your left just past the Campus Recreation Center. You will then take your next left just past the fields, which is 6th STREET. Follow 6th Street turning right on to McMillan and then an immediate left on to Turner Place. The dorms will be located directly on your right- Folk and Caldwell. NO PARKING allowed on the street. You are welcome to drop your bags quickly but all cars must proceed to the parking deck located right next to the dorms for parking.

PLEASE LOOK FOR THE SIGNS AND STAFF MEMBERS DIRECTING YOU. There will be NO street parking but some additional parking in a lot beyond the dorm.

From the South:

Take 75/85 North to the Georgia Tech/10th Street Exit (#250). Turn left at the light off the exit onto 10th Street. Go to the 6th light and turn left onto Hemphill Ave. When Hemphill ends (in about ¼ mile) turn right onto Ferst Dr. You will then take your next right, which is 6th Street. Follow 6th Street turning right on to McMillan and then an immediate left on to Turner Place. The dorms will be located directly on your right- Folk and Caldwell. NO PARKING allowed on the street. You are welcome to drop your bags quickly but all cars must proceed to the parking deck located right next to the dorms for parking.

GOOGLE Address: 580 Turner Pl NW, Atlanta, GA 30318

REGISTRATION

On the first day when you arrive, please check in at the registration table located in between Folk and Caldwell Dorms. Also, you will receive your jersey for the camp and get room assignments, room keys, meal tickets and other important information. If you need a health form, please go to our website and download one: www.gtlaxcamps.com. You will find the health form under the CAMP FORMS section on the left side of the home page. If you need it faxed or mailed please let us know and we can do that as well. It is important that we have this information so that our trainer can be properly prepared for any health concerns.

Let your child know- if they are an overnight camper you will receive a key to your room. If they lose that key GT Conference Services will charge you \$75. Each Camper, day or overnight, will also receive a meal card. This will be used for getting meals at the new dining services. Campers will choose each meal a location where they wish to eat and receive their

combo meal there. Only one punch per camper per meal. It is a new procedure we will be working through together this summer. We will use colored wrist bands to track the various camper divisions.

Due to the number of campers we will be running a split session camp like we have done in the past.

REGISTRATION TIMES- This, along with the daily schedule, will be emailed next week as we are finalizing the rosters. If you have work issue you can drop your child off as early as 9:00am regardless. All campers will be checked in before 10:30am (again, a more detailed schedule will come out next week) and lunch IS provided on Tuesday.

WHAT TO BRING TO CAMP (IF POSSIBLE PLEASE MARK ALL EQUIPMENT WITH A PERMANENT MARKER FOR THEIR PROTECTION AND SAFETY)

1. Equipment

- Lacrosse Stick- We suggest every camper should have 2 sticks in case one breaks (recommendation ONLY). Please put your name on your stick. Many campers have the same stick and this will help with identifying a stick. The best way to do this is TO WRITE YOUR NAME WITH A PERMANENT MARKER or to tape your name to the handle of the stick.
- Helmet (please put a piece of tape with your child's last name on the front of the helmet)
- Shoulder Pads
- Arm Pads
- Gloves
- Mouth Piece- MUST HAVE ONE!
- Cleats- we play on grass and NEW sprint turf
- Tennis shoes for evening activities and for meals- day campers cleats can not be worn into the cafeteria

2. Athletic Clothing - camp has between 2 and 3 playing sessions per day so pack accordingly

- T-shirts (10-12 playing shirts)
- Shorts (4-5 pairs)
- Athletic Socks (10 pairs)
- Jockstrap/ Compression Shorts

3. Recreational Clothing

- Swim suit
- Comfortable Clothing- For evening activities and in between sessions
- Shower Shoes (important)

4. Linens/Toiletries- Overnight Campers

- Towels (2-3) We will be swimming don't forget
- Sun screen
- Gold Bond or some other talc powder
- SHEETS, PILLOW AND/OR SLEEPING BAG- no linens are provided in the dorms- the beds are TWIN XL size

5. Miscellaneous

- Alarm Clock
- Medications- please check them in with our trainer
- Shampoo/deodorant/soap/toothbrush/toothpaste
- Spending Money- we do have a camp store in which we sell equipment, clothing, and snacks. Please read below about our camp store.

This list was created from players who've spent their summers attending lacrosse camps all across the country. Being prepared can only enhance your camp experience. It is better to bring more clothing and not use it than to need it and not have it. Don't be the kid at camp that wears the same stinky t-shirt all week long! If you have any specific questions feel free to e-mail the directors.

If you need to borrow any equipment please contact us immediately. We have a limited supply but would be happy to let you borrow some of it. It is on a first come, first serve basis.

Now what did you say were the most forgotten items for camp? Just a re-cap:

1. Enough socks
2. Mouth guard
3. Extra money for the camp store
4. A pillow and sheets- the beds are twin size
5. Jock/athletic cup
6. Deodorant (please!)
7. Toothbrush and paste
8. Athletic tape
9. Sun block
10. Alarm clock
11. Prescriptions- please be sure to include dosage requirements so our licensed trainer on site is aware of what is required. We will have a trainer on site 24/7 who can help administer and doses.

CELL PHONES

We ask that you NOT bring cell phones to camp. If you need to make a call home, or to a parent, please see a staff member to place a call. Phones can also disappear and it is safer to not have such an expensive piece of equipment with you at camp. If your son is going to bring a phone be sure he always LOCKS it in his room. We know kids want their phones we just hope they will do a good job of securing their personal items.

PARKING

If your son plans on driving to camp please let us know. We will let you know at registration where to park. **Parking passes are \$30 each for the week** (this is a direct cost from GT Parking). If you do not park in the area we assign you will be ticketed. Thanks for your help on this. If you are staying overnight we ask that your son turn your keys into us at the beginning of camp. If you are simply visiting camp you do not need a parking pass- for drop off and pick up. Please always park in the lot near the dorm.

CAMP STORE

We will have a camp store in the dorms that will sell equipment, sticks, tee shirts, shorts, Gatorade, Pizza, and Snacks. We strongly recommend that you deposit your child's money in the camp store at registration. We will run a bank for you during the week and then refund any money that you do not spend at checkout. **Please do not keep your money in your room- they are welcome to get money from their store account at any time.**

PICK UP/DROP OFF (Day and Extended Day Campers)

For those in the Day and Extended Day Session, your day ends at 6:30pm or 8:30pm (depending on your age group- details will come out about that next week). Pick up at the end of each day will occur at the dorms where you check in Tuesday. The same applies for drop off on Wednesday, Thursday and Friday. Drop off on Wednesday, Thursday and Friday for all Day campers is 9:00am at the dorms.

LEAVING CAMP

If your child needs to leave camp early for any reason please be sure the staff is informed.

If you have any questions do not hesitate to contact us
gtlaxcamps@gmail.com or the camp phone 404-323-0603

If you need to mail payment checks can be sent :
GT Lacrosse Camps
992 Oakdale Rd NE
Atlanta, GA 30307

Or if you have not received your paypal request let us know, thanks