

## 2019 TURKEY SHOOTOUT TOURNAMENT RULES



1. Teams field 7 players – 2 each of attack, midfield and defense, plus one goalie. Onside is in effect - 2 players on offense and 3 on defense at all times. **Minimum team size is 12 players; maximum is 18 players.**

2. Each team is guaranteed a minimum of 4 games over the two days. The tournament will play out to a champion on Sunday.

3. The playing field is a 50 yard wide field by 85 yards long.

4. **Body checking an opponent to the ground can be assessed a one minute penalty for unnecessary roughness.** The Turkey Shoot Tournament showcases lacrosse skills and talents associated with using a lacrosse stick. We also recognize that this tournament is an out-of-season competition (in fact many players are, or will be, involved in an interscholastic winter sport) and we wish to keep the safety of all players at the forefront.

5. Players/teams must continually initiate offense, attempting to score a goal. The first time that a referee judges that a team is “stalling” or “sitting on the ball” that team will be given an official warning to get a shot on cage. Any time there after that a team is judged to be stalling will result in the ball being turned over to the other team.

6. Each team must have an adult coach (21 years of age or older) who will be in charge of team discipline and act as the team's representative.

7. Each game consists of two 22 minute running time periods. Penalty time is running time and is kept at the scorer's table. A game ending tied is decided by a golden goal overtime, which begins immediately after regulation time with a face-off.

8. Each period begins with a face-off. Wing middies must be positioned to the left of their face-off man, at the intersection of the sideline and the midline. Defensemen and attackmen must remain behind the goal line extended until the referees signal possession. The goalie must remain in the crease area until possession is signaled.

9. After a goal is scored the ball is awarded to the scored upon goalie who puts the ball in play from taking the ball **BEHIND** his crease area. A referee must whistle to indicate play has recommenced.

10. Penalties are called as they are in regular field lacrosse. The referee releases penalized players when their serve time has expired or a goal has been scored. Penalty time is

served as time and a half. Penalty time does not start until the penalized player takes a knee, out of bounds, at the midline, on the bench side of the field and the whistle has blown to re-start play.

11. All player substitutions are on the fly. There is no substitution horn on the sidelines.

12. Each team is allotted one timeout per half. **There are no timeouts during the final 4 minutes of each half.** Timeouts are one minute long and the clock will continue to run.

13. Team members must wear matching jerseys or tank tops with numbers.

14. Maximum of three longsticks on the field at a time. ALL STICK HEADS AND HANDLES MUST MEET HS REGULATIONS.

**15. SPECTATORS, FANS, COACHES, PLAYERS AND PARENTS ARE REMINDED TO PRACTICE GOOD SPORTSMANSHIP AT ALL TIMES!**