

# 2010 Alpharetta Feeder Lacrosse

## Junior Lady Raiders



Welcome to Spring 2010 Registration for the Alpharetta Feeder Lacrosse.

Attached is our registration packet which includes:

1. REGISTRATION FORM
2. SPORTSMANSHIP STANDARDS
3. MEDICAL RELEASE WAIVER
4. PHYSICAL FORM

Please complete (PRINT CLEARLY) all information and sign all forms  
They must be returned by January 9, 2010 with fees.

Please note:

US LAX Membership is a requirement of all our players as it, among other valuable resources, provides needed liability insurance coverage. Athletes cannot participate in conditioning, practices or games without this membership. To register, follow the link on [www.ladyraiderlacrosse.org](http://www.ladyraiderlacrosse.org).