

# **WELCOME TO THE LAKER LAX 2019 SEASON!**

**16 LAKER TEAMS-300 LAKER LAXERS-ONE GOAL**



# AGENDA:

- 1. KICKOFF- PRESIDENT OF THE SPRING LAKE LACROSSE BOARD**
- 2. INTRODUCTIONS TO THE SPRING LAKE LACROSSE BOARD**
- 3. INTRODUCTIONS OF OUR 2019 YOUTH LACROSSE DIRECTORS & COACHING DIRECTORS**
- 4. SL LACROSSE PHILOSOPHY BY AGE GROUP**
- 5. REGISTRATION NUMBERS**
- 6. VOLUNTEER OPPORTUNITIES-THE 10% RULE**
- 7. FACEBOOK AND SL LAX STORE-PLEASE "LIKE" US!!**
- 8. FUNDRAISING-SELF FUNDED ORGANIZATION**
- 9. DON'T BE "THAT PARENT"**
- 10. COACHES BREAKOUT-GIRLS & BOYS TEAMS**
- 11. UPDATE ON THE SEASON SCHEDULES**
- 12. REQUIRED SAFETY EQUIPMENT FOR BOYS AND GIRLS TO PLAY**
- 13. IMPORTANT COMMUNICATION SITES TO FOLLOW FOR UP TO DATE INFORMATION**

# **WHAT'S NEW WITH OUR CLUB? WHAT IS OUR VISION?**

**Youth Directors  
Coaching Directors**

**THE WALL  
Open Stadium  
Largest Coaching Staff In History  
Free Admission for SL Students**

**Growth and Success Model  
Highest percentage of Athletes vs Student Ratio**

# SPRING LAKE LAX BOARD MEMBERS

\* YOUR CONTACTS FOR QUESTIONS OR CONCERNS DURING THE SEASONS

- |                                |                          |  |
|--------------------------------|--------------------------|--|
| • <b>PRESIDENT:</b>            | <b>MYRON MOLOTKY</b>     | <b><u><a href="mailto:MOLOTKY@CHARTER.NET">MOLOTKY@CHARTER.NET</a></u></b>             |
| • <b>TREASURER:</b>            | <b>NATE GATES</b>        | <b><u><a href="mailto:NATE@VERPLANKTRUCKING.COM">NATE@VERPLANKTRUCKING.COM</a></u></b> |
| • <b>SECRETARY:</b>            | <b>ALISON FOX</b>        | <b><u><a href="mailto:ALISON_FOX@HOTMAIL.COM">ALISON_FOX@HOTMAIL.COM</a></u></b>       |
| • <b>MEMBER:</b>               | <b>KARIANNE ISARD</b>    | <b><u><a href="mailto:KISARD@CISCO.COM">KISARD@CISCO.COM</a></u></b>                   |
| • <b>MEMBER:</b>               | <b>EVAN LLWELLYN</b>     | <b><u><a href="mailto:EVANLLEWELLYN@YAHOO.COM">EVANLLEWELLYN@YAHOO.COM</a></u></b>     |
| • <b>MEMBER:</b>               | <b>JAMES MARODY</b>      | <b><u><a href="mailto:JAMESMARODY@GMAIL.COM">JAMESMARODY@GMAIL.COM</a></u></b>         |
| • <b>BOYS REPRESENTATIVE:</b>  | <b>DOUG SHARP</b>        | <b><u><a href="mailto:DSHARP22@LIVE.COM">DSHARP22@LIVE.COM</a></u></b>                 |
| • <b>GIRLS REPRESENTATIVE:</b> | <b>JASON VINKEMULDER</b> | <b><u><a href="mailto:JASON@VINKEMULDER.COM">JASON@VINKEMULDER.COM</a></u></b>         |
| • <b>BOYS YOUTH DIRECTOR:</b>  | <b>RICH BROWN</b>        | <b><u><a href="mailto:RICH@BROWNWEBMAIL.NET">RICH@BROWNWEBMAIL.NET</a></u></b>         |
| • <b>GIRLS YOUTH DIRECTOR</b>  | <b>SUSAN VINKEMULDER</b> | <b><u><a href="mailto:SUSAN@VINKEMULDER.COM">SUSAN@VINKEMULDER.COM</a></u></b>         |

# 2019 SPRING LAKE LAX BOYS COACHES

- **VARSITY**

- **DOUG SHARP – HEAD**
- **ZACH ELKER – ASSISTANT**
- **MATT MANKIVSKY – ASSISTANT**

- **JUNIOR VARSITY**

- **ANDY SHARP – HEAD**
- **JOE ROHLOFF – ASSISTANT**
- **TYLER HITSMAN – ASSISTANT**

- **YOUTH MANAGEMENT**

- **RICH BROWN – BOYS YOUTH DIRECTOR**
- **TRENT HITSMAN – YOUTH COACHING DIRECTOR**

- **7/8 RED**

- **TRENT HITSMAN – HEAD**
- **ALEX ENGELSMAN - ASSISTANT**

- **7/8 GRAY**

- **JOHN CARRNS - HEAD**
- **COLE KRAMER – ASSISTANT**
- **BRIAN O'DONNELL - ASSISTANT**

- **5/6 RED**

- **JON SCHAFFER - HEAD**
- **NATE GATES – ASSISTANT**

- **5/6 GRAY**

- **MARK ROLLER - HEAD**
- **BRENT O'DONNELL - ASSISTANT**
- **BILL RECOR - ASSISTANT**

- **3/4 RED**

- **MATT ISARD - HEAD**
- **CORY HOLMES – ASSISTANT**

- **3/4 GRAY**

- **KEVIN KNOLLINGER - HEAD**
- **JOSEPH VAN HARKEN – ASSISTANT**
- **JUD HIGHHILL – ASSISTANT**

- **3/4 WHITE**

- **TBD – HEAD**
- **TBD – ASSISTANT**
- **COACHES NEEDED!!!**

# 2019 SPRING LAKE LAX GIRLS COACHES

- **VARSITY**

- **JASON VINKEMULDER – HEAD**
- **ALEXIS MOLOTKY – ASSISTANT**

- **JUNIOR VARSITY**

- **JESSICA SHARP – HEAD**

- **YOUTH MANAGEMENT**

- **SUSAN VINKEMULDER – GIRLS YOUTH DIRECTOR**
- **SEAN DAVIS – GIRLS YOUTH COACHING DIRECTOR**

- **7/8 RED & GRAY**

- **DAVE PARSONS - HEAD**
- **JASON FOGEL**
- **STEVE FOCHEA**
- **ROB FULLER**
- **ED HILL**
- **RICH HYDE**

- **5/6**

- **EVAN LLEWELYN - HEAD**
- **CHIP VASQUEZ**
- **ERIC JOHNSON**
- **BRIAN HUMPHREY**

- **3/4**

- **NICK YOUNG – CO-HEAD**
- **NATE ARNOLD – CO-HEAD**
- **COACHES NEEDED!!**

# **SL LACROSSE PHILOSOPHY BY AGE GROUP**

# REGISTRATION NUMBERS TO DATE

- **GIRLS**

• <b>HIGH SCHOOL</b>	<b>30</b>
• <b>MIDDLE SCHOOL</b>	<b>44</b>
• <b>INTERMEDIATE SCHOOL</b>	<b>29</b>
• <b>ELEMENTARY SCHOOL</b>	<b>25</b>
• <b>TOTAL</b>	<b>128</b>

- **BOYS**

• <b>HIGH SCHOOL</b>	<b>41</b>
• <b>MIDDLE SCHOOL</b>	<b>30</b>
• <b>INTERMEDIATE SCHOOL</b>	<b>44</b>
• <b>ELEMENTARY SCHOOL</b>	<b>44</b>
• <b>TOTAL</b>	<b>159</b>

**287 TOTAL PLAYERS**



# **VOLUNTEER OPPORTUNITIES-THE 10% RULE**

**FACEBOOK AND SL LAX STORE-PLEASE  
“LIKE” US!!**

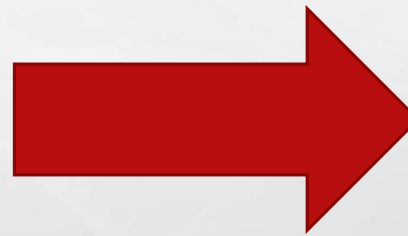
# **FUNDRAISING-SELF FUNDED ORGANIZATION**

**DON'T BE "THAT PARENT"**

# **COACHES BREAKOUT GIRLS & BOYS TEAMS**



**Girls meet on the left side of the Auditorium**



**Boys meet on the right side of the Auditorium**

# **UPDATE ON THE SEASON SCHEDULES**

# REQUIRED EQUIPMENT

- **GIRLS**

- **GIRLS LACROSSE STICK**
- **GOGGLES**
- **MOUTHGUARD**
- **CLEATS**
- **GLOVES (OPTIONAL)**
- **WEATHER APPROPRIATE CLOTHING**

- **BOYS**

- **BOYS LACROSSE STICK**
- **HELMET (PREFERABLY RED)**
- **MOUTHGUARD**
- **GLOVES**
- **ELBOW GUARDS**
- **SHOULDER PADS**
- **ATHLETIC CUP**
- **CLEATS**
- **WEATHER APPROPRIATE CLOTHING**

**IMPORTANT COMMUNICATION SITES TO  
FOLLOW FOR UP TO DATE INFORMATION**



**THANK YOU!**

**THINK SPRING!**

**THINK LAKER LAX!!**