



THOMAS WORTHINGTON BOYS' LACROSSE FALL MEETING

www.twhsboyslax.com

Welcome to the 2015-16 lacrosse season!

Head Coach: Derek Lichtfuss twcardslacrosse@gmail.com dlichtfu2@gmail.com
Athletic Director: Scott Dorne sdorne@wscloud.org

Parents' Club Officers:

President: Anita Schonhiutt mac1dad3@aol.com aschonhiutt@wscloud.org
Vice-president: Tom St Pierre thomasgstpierre@gmail.com tgstpierre@aep.com
Secretary: Jenny Hootman jjhootman@att.net
Treasurer: Bill McGill Bgilly99@sbcglobal.net
Mulchmeister: Dan Schlichting dan.schlichting@gmail.com

Committee Sign-ups: Please consider signing up to help on the committees for the season. Much work and planning begins in the off-season. We also want to train a new Mulchmeister for next year.

Banquet Committee	Membership Committee	Cards Inc Pancake Day Com.
Mulch Committee	Photography Committee	Nominating Committee
Hospitality Committee	Concessions Committee	Community Service Committee
Stats Committee	Financial Review Committee	Bylaws Review
Senior Poster & Banners		

Help Needed:

Homecoming Float – October 9th is the TWHS Homecoming game and parade. We need someone to coordinate the Boys Lacrosse float, a truck & driver, and volunteers for the parade. Will accept candy donations for passing out to the kids along the parade route.

Fundraising

MULCH! MULCH! MULCH! Begin checking your address books/lists and thinking about contacts early!
Kroger Cards – TYWHS Boys Lacrosse #82231

Equipment Ordering:

If interested in purchasing team gloves or a helmet, **orders should be turned in by September 20th**. There is considerable savings for a team discount by ordering early during the off-season. Turn in orders to the president, or in the team mailbox in the Athletic Office. **Purchasing helmet & gloves are optional**. *Helmets are "one-size fits all". If you are uncertain which helmet you like, stop in Midwest Lacrosse and try them on.

Gloves: Brine Custom Clutch w/team custom design - \$106 (with goalie thumb \$116)
Helmets: Cascade R \$160 or CPX-R \$130

Fall Ball Opportunities:

Please sign up on information sheets or email the coach if interested in participating. We will submit a team registration for both events. **Each event will cost \$40 per player. Make checks payable to TWHS Boys' Lax Parents Club.** Subway platters will be provided for lunch at both events.

Olentangy 7v7 Invitational – Sunday, October 25th 2 teams: JV and V
Big Shot 7v7 at Wheeling Jesuit Univ. - November 1st 2 teams: JV and V

*Thomas Worthington Lacrosse/ Group block at Springhill Suites on 10/31, \$119 per double room. **Parents must call for individual reservations by Sept. 30th/ 304-232-8903**

Indoor Lacrosse – Columbus Lacrosse Academy / Nov. – Feb. / JV plays Tuesdays, V plays Wednesdays
Will play at All-Stars . **Cost is \$180 per player. Checks made payable to Columbus Lacrosse Club.** Team registration is submitted together by October 15th.

Off-season Workouts:

We would like to see boys that are not participating in a fall sport preparing early for the lacrosse season with weight room and open field opportunities. Check the Event Calendar page on the team website for Weight Training and Open Net times. There will be open field times scheduled 2-3 times a week. During the week, players can also use the weight room when Mr. Stevens is available after school, and use Galipault/River Field. Goal for the season is to be Bigger, Faster, & Stronger!!!

Season Updates:

- *Mulch sale to be in February
- *March 12 –Pancake Day at WKHS
- *Spring break trip March 18-20th – Scrimmages in Baltimore, MD (JV and Varsity teams)
- *The team will have games during spring break week / game season officially begins March 21st.**
- *Michigan teams, DCD and Birmingham United, will travel to Worthington this year.
- *May 6 & 7 - Midwest Tournament will be hosted at Western Reserve Academy (varsity only)
- *Currently no games on prom – May 14th
- *Graduation - May 29th @ 4:00 PM.
- *Possible date for the banquet (will be based on play-off schedule & availability) – May 16th

More Information to watch for:

Spirit Wear sale – 1st sales window will open in September with delivery in time for the holidays
Mandatory items will be ordered online: shooter shirt, practice jersey, game shorts
Worthington Alumni Lacrosse Assoc. – Golf Outing fundraiser September 26th @ 2:00 PM
College Recruiting Information meeting – September 29th @ 7:00 PM
Indoor Lacrosse registration – due by Oct. 15th
Community Service opportunities – Toys For Tots @ the Worthington Fire Station/ Dec 12 & 19
Registration & Membership meeting – December or early January
*The 2nd window for spirit wear will be offered at the registration meeting (Dec/Jan).
Parents' Club meetings and socials - during the season

Things to consider:

- *Have **sports physicals** completed before the start of the season. Physicals are good for one year from date signed by the doctor.
- *All forms for the athletic department will be completed online this year! ☺
<https://worthington-oh.finalforms.com/>

Upperclassman should look over ACT and SAT testing dates. It is possible there may be conflicting dates with games during the season. Plan ahead! College counselors recommend that seniors take the tests no later than February to be considered for financial aid packages. (Midwest Tournament on May 7 will have morning games and we play out of town this year.)

ACT dates

September 12, 2015
October 24, 2015
December 12, 2015
February 6, 2016
April 9, 2016
June 11, 2016

SAT dates

October 3, 2015
November 7, 2015
December 5, 2015
January 23, 2016
March 5, 2016 (redesigned test begins!)
May 7, 2016 (Midwest Tournament @ WRA)
June 4, 2016 (State lacrosse championship)

The TWHS Boys' Lacrosse Parents' Club is always open to new ideas. Please send club suggestions, questions, or concerns to the president at mac1dad3@aol.com. Playing or coaching concerns should be addressed directly and confidentially with the coaches at a scheduled meeting time.